

P.E. Lesson Plans (Mon-Fri)
Lesson 1 – Field Day Prep

2023-2024
 Wk 4-22, 4-29, 5-6-23

Jimmy Westwood
 Grades: K-5th

<p>2nd 9:30-10:20</p>	<p>KAS: 4.SW2 Work with others independently in a variety of physical activity settings. Daily Activities: <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving</p>	<p>Learning Target: I can practice skills to prepare for Field Day. Vocabulary: calves, jump, hop, rhythm Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Tug of War and Shuttle Relay if time. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. DOK Levels: 1-5 continuous all year. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment: X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual</p>
<p>1st 10:20-11:10</p>	<p>KAS: 4.SW1 Work with others independently in a variety of physical activity settings. Daily Activities: <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving</p>	<p>Learning Target: I can practice skills to prepare for Field Day. Vocabulary: calves, jump, hop, rhythm Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Tug of War and Shuttle Relay if time. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. DOK Levels: 1-5 continuous all year. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment: X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual</p>
<p>K 11:35-12:25</p>	<p>KAS: 4.SW1 Share equipment and space with others in physical activity settings. Daily Activities: <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving</p>	<p>Learning Target: I can practice skills to prepare for Field Day. Vocabulary: calves, jump, hop, rhythm Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Tug of War and Shuttle Relay if time. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. DOK Levels: 1-5 continuous all year. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment: X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual</p>
<p>5th 1:10-2:00</p>	<p>KAS: 4.SW1 Work cooperatively and communicate positively with others in physical education, regardless of skill level. Daily Activities: <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving</p>	<p>Learning Target: I can practice skills to prepare for Field Day. Vocabulary: calves, jump, hop, rhythm Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Tug of War and Shuttle Relay if time. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. DOK Levels: 1-5 continuous all year. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment: X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual</p>

		**** For individual modifications in each class, seek folder ****	
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4th 2:00- 2:50	<p>KAS: 4.SW1 Work cooperatively and communicate positively with others in physical education, regardless of skill level.</p> <p>Daily Activities:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving 	<p>Learning Target: I can practice skills to prepare for Field Day.</p> <p>Vocabulary: calves, jump, hop, rhythm</p> <p>Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Tug of War and Shuttle Relay if time.</p> <p>Assessment: Oral and teacher observation of lesson being taught, hands-on participation.</p> <p>DOK Levels: 1-5 continuous all year.</p> <p>Assessment: Oral and teacher observation of lesson being taught, hands-on participation.</p> <p>Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment:</p> <ul style="list-style-type: none"> X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual
3rd 2:50- 3:40	<p>KAS: 4SW1 Accept, recognize and actively involve others, with both higher and lower skill abilities, into physical activities and group projects.</p> <p>Daily Activities:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving 	<p>Learning Target: I can practice skills to prepare for Field Day.</p> <p>Vocabulary: calves, jump, hop, rhythm</p> <p>Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Tug of War and Shuttle Relay if time.</p> <p>Assessment: Oral and teacher observation of lesson being taught, hands-on participation.</p> <p>DOK Levels: 1-5 continuous all year.</p> <p>Assessment: Oral and teacher observation of lesson being taught, hands-on participation.</p> <p>Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment:</p> <ul style="list-style-type: none"> X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual
<p>***** For individual student modifications in each class, see folder*****</p>			

<p>2nd 9:30-10:20</p>	<p>KAS: 4.SW2 Work with others independently in a variety of physical activity settings. Daily Activities: <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving</p>	<p>Learning Target: I can practice skills to prepare for Field Day. Vocabulary: calves, jump, hop, rhythm Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Hula Hoop Pass and Around the World. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. DOK Levels: 1-5 continuous all year. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment: X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual</p>
<p>1st 10:20-11:10</p>	<p>KAS: 4.SW1 Work with others independently in a variety of physical activity settings. Daily Activities: <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving</p>	<p>Learning Target: I can practice skills to prepare for Field Day. Vocabulary: calves, jump, hop, rhythm Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Hula Hoop Pass and Around the World. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. DOK Levels: 1-5 continuous all year. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment: X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual</p>
<p>K 11:35-12:25</p>	<p>KAS: 4.SW1 Share equipment and space with others in physical activity settings. Daily Activities: <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving</p>	<p>Learning Target: I can practice skills to prepare for Field Day. Vocabulary: calves, jump, hop, rhythm Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Hula Hoop Pass and Around the World. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. DOK Levels: 1-5 continuous all year. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment: X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual</p>
<p>5th 1:10-2:00</p>	<p>KAS: 4.SW1 Work cooperatively and communicate positively with others in physical education, regardless of skill level. Daily Activities: <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving</p>	<p>Learning Target: I can practice skills to prepare for Field Day. Vocabulary: calves, jump, hop, rhythm Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will complete Basketball elimination for Field Day. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. DOK Levels: 1-5 continuous all year. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment: X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual</p>

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4th 2:00- 2:50	<p>KAS: 4.SW1 Work cooperatively and communicate positively with others in physical education, regardless of skill level.</p> <p>Daily Activities:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving 	<p>Learning Target: I can practice skills to prepare for Field Day.</p> <p>Vocabulary: calves, jump, hop, rhythm</p> <p>Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will complete Basketball elimination for Field Day.</p> <p>Assessment: Oral and teacher observation of lesson being taught, hands-on participation.</p> <p>DOK Levels: 1-5 continuous all year.</p> <p>Assessment: Oral and teacher observation of lesson being taught, hands-on participation.</p> <p>Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment:</p> <ul style="list-style-type: none"> X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual
3rd 2:50- 3:40	<p>KAS: 4SW1 Accept, recognize and actively involve others, with both higher and lower skill abilities, into physical activities and group projects.</p> <p>Daily Activities:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving 	<p>Learning Target: I can practice skills to prepare for Field Day.</p> <p>Vocabulary: calves, jump, hop, rhythm</p> <p>Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Hula Hoop Pass and Around the World.</p> <p>Assessment: Oral and teacher observation of lesson being taught, hands-on participation.</p> <p>DOK Levels: 1-5 continuous all year.</p> <p>Assessment: Oral and teacher observation of lesson being taught, hands-on participation.</p> <p>Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment:</p> <ul style="list-style-type: none"> X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual
***** For individual student modifications in each class, see folder*****			

P.E. Lesson Plans (Mon-Fri)
Lesson 3 – Field Day Prep

2023-2024
 Wk 4-22, 4-29, 5-6-23

Jimmy Westwood
 Grades: K-5th

<p>2nd 9:30-10:20</p>	<p>KAS: 4.SW2 Work with others independently in a variety of physical activity settings. Daily Activities: <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving</p>	<p>Learning Target: I can practice skills to prepare for Field Day. Vocabulary: calves, jump, hop, rhythm Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Island Escape. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. DOK Levels: 1-5 continuous all year. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment: X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual</p>
<p>1st 10:20-11:10</p>	<p>KAS: 4.SW1 Work with others independently in a variety of physical activity settings. Daily Activities: <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving</p>	<p>Learning Target: I can practice skills to prepare for Field Day. Vocabulary: calves, jump, hop, rhythm Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Island Escape. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. DOK Levels: 1-5 continuous all year. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment: X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual</p>
<p>K 11:35-12:25</p>	<p>KAS: 4.SW1 Share equipment and space with others in physical activity settings. Daily Activities: <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving</p>	<p>Learning Target: I can practice skills to prepare for Field Day. Vocabulary: calves, jump, hop, rhythm Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Scooter Board Relay and Water Race (no water). Assessment: Oral and teacher observation of lesson being taught, hands-on participation. DOK Levels: 1-5 continuous all year. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment: X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual</p>
<p>5th 1:10-2:00</p>	<p>KAS: 4.SW1 Work cooperatively and communicate positively with others in physical education, regardless of skill level. Daily Activities: <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving</p>	<p>Learning Target: I can practice skills to prepare for Field Day. Vocabulary: calves, jump, hop, rhythm Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Island Escape. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. DOK Levels: 1-5 continuous all year. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment: X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual</p>

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4th 2:00- 2:50	<p>KAS: 4.SW1 Work cooperatively and communicate positively with others in physical education, regardless of skill level.</p> <p>Daily Activities:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving 	<p>Learning Target: I can practice skills to prepare for Field Day.</p> <p>Vocabulary: calves, jump, hop, rhythm</p> <p>Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Island Escape.</p> <p>Assessment: Oral and teacher observation of lesson being taught, hands-on participation.</p> <p>DOK Levels: 1-5 continuous all year.</p> <p>Assessment: Oral and teacher observation of lesson being taught, hands-on participation.</p> <p>Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment:</p> <ul style="list-style-type: none"> X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual
3rd 2:50- 3:40	<p>KAS: 4SW1 Accept, recognize and actively involve others, with both higher and lower skill abilities, into physical activities and group projects.</p> <p>Daily Activities:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving 	<p>Learning Target: I can practice skills to prepare for Field Day.</p> <p>Vocabulary: calves, jump, hop, rhythm</p> <p>Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Island Escape.</p> <p>Assessment: Oral and teacher observation of lesson being taught, hands-on participation.</p> <p>DOK Levels: 1-5 continuous all year.</p> <p>Assessment: Oral and teacher observation of lesson being taught, hands-on participation.</p> <p>Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment:</p> <ul style="list-style-type: none"> X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual
<p>***** For individual student modifications in each class, see folder*****</p>			

P.E. Lesson Plans (Mon-Fri)
Lesson 4 – Field Day Prep

2023-2024
 Wk 4-22, 4-29, 5-6-23

Jimmy Westwood
 Grades: K-5th

<p>2nd 9:30-10:20</p>	<p>KAS: 4.SW2 Work with others independently in a variety of physical activity settings. Daily Activities: <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving</p>	<p>Learning Target: I can practice skills to prepare for Field Day. Vocabulary: calves, jump, hop, rhythm Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Egg Toss, Sack Race, and Around the World. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. DOK Levels: 1-5 continuous all year. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment: <input checked="" type="checkbox"/> Observation <input checked="" type="checkbox"/> Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test <input checked="" type="checkbox"/> Whole Class <input checked="" type="checkbox"/> Small Group <input checked="" type="checkbox"/> Individual</p>
<p>1st 10:20-11:10</p>	<p>KAS: 4.SW1 Work with others independently in a variety of physical activity settings. Daily Activities: <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving</p>	<p>Learning Target: I can practice skills to prepare for Field Day. Vocabulary: calves, jump, hop, rhythm Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Egg Toss, Sack Race, and Around the World. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. DOK Levels: 1-5 continuous all year. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment: <input checked="" type="checkbox"/> Observation <input checked="" type="checkbox"/> Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test <input checked="" type="checkbox"/> Whole Class <input checked="" type="checkbox"/> Small Group <input checked="" type="checkbox"/> Individual</p>
<p>K 11:35-12:25</p>	<p>KAS: 4.SW1 Share equipment and space with others in physical activity settings. Daily Activities: <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving</p>	<p>Learning Target: I can practice skills to prepare for Field Day. Vocabulary: calves, jump, hop, rhythm Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Egg Toss and Sack Race. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. DOK Levels: 1-5 continuous all year. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment: <input checked="" type="checkbox"/> Observation <input checked="" type="checkbox"/> Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test <input checked="" type="checkbox"/> Whole Class <input checked="" type="checkbox"/> Small Group <input checked="" type="checkbox"/> Individual</p>
<p>5th 1:10-2:00</p>	<p>KAS: 4.SW1 Work cooperatively and communicate positively with others in physical education, regardless of skill level. Daily Activities: <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving</p>	<p>Learning Target: I can practice skills to prepare for Field Day. Vocabulary: calves, jump, hop, rhythm Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Egg Toss, Sack Race, and Around the World. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. DOK Levels: 1-5 continuous all year. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment: <input checked="" type="checkbox"/> Observation <input checked="" type="checkbox"/> Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test <input checked="" type="checkbox"/> Whole Class <input checked="" type="checkbox"/> Small Group <input checked="" type="checkbox"/> Individual</p>

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4th 2:00- 2:50	<p>KAS: 4.SW1 Work cooperatively and communicate positively with others in physical education, regardless of skill level.</p> <p>Daily Activities:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving 	<p>Learning Target: I can practice skills to prepare for Field Day.</p> <p>Vocabulary: calves, jump, hop, rhythm</p> <p>Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Egg Toss, Sack Race, and Around the World.</p> <p>Assessment: Oral and teacher observation of lesson being taught, hands-on participation.</p> <p>DOK Levels: 1-5 continuous all year.</p> <p>Assessment: Oral and teacher observation of lesson being taught, hands-on participation.</p> <p>Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment:</p> <ul style="list-style-type: none"> X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual
3rd 2:50- 3:40	<p>KAS: 4SW1 Accept, recognize and actively involve others, with both higher and lower skill abilities, into physical activities and group projects.</p> <p>Daily Activities:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving 	<p>Learning Target: I can practice skills to prepare for Field Day.</p> <p>Vocabulary: calves, jump, hop, rhythm</p> <p>Activities/Strategies: Students will identify various muscles being stretched during warm-ups. Students will practice using materials for Field Day. Students will practice Egg Toss, Sack Race, and Around the World.</p> <p>Assessment: Oral and teacher observation of lesson being taught, hands-on participation.</p> <p>DOK Levels: 1-5 continuous all year.</p> <p>Assessment: Oral and teacher observation of lesson being taught, hands-on participation.</p> <p>Exit Slip: Students practice skills correctly to show improvement.</p>	<p>Daily Assessment:</p> <ul style="list-style-type: none"> X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual
***** For individual student modifications in each class, see folder*****			

P.E. Lesson Plans (Mon-Fri)
Lesson 5 – Field Day Prep

2023-2024
Wk 4-22, 4-29, 5-6-23

Jimmy Westwood
Grades: K-5th

<p>2nd 9:30-10:20</p>	<p>KAS: 4.SW2 Work with others independently in a variety of physical activity settings. Daily Activities: <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving</p>	<p>Learning Target: I can make choices that are healthy and fun. Vocabulary: nutrition, serving, vegetable, fruit, protein, hamstring, dodge, teamwork, and safety Activities/Strategies: Students will identify various muscles we are stretching then participate in Free Choice. Students have the opportunity to choose from Hop A Long Bouncers, Scooter Boards, Basketball, Hula Hoops, Jump Ropes, Soccer Balls, Big Feet, or Field Day Events.. They can switch activities at any time. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. DOK Levels: 1-5 continuous all year Exit Slip: Explains why they chose their activity.</p>	<p>Daily Assessment: X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual</p>
<p>1st 10:20-11:10</p>	<p>KAS: 4.SW1 Work with others independently in a variety of physical activity settings. Daily Activities: <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving</p>	<p>Learning Target: I can make choices that are healthy and fun. Vocabulary: nutrition, serving, vegetable, fruit, protein, hamstring, dodge, teamwork, and safety Activities/Strategies: Students will identify various muscles we are stretching then participate in Free Choice. Students have the opportunity to choose from Hop A Long Bouncers, Scooter Boards, Basketball, Hula Hoops, Jump Ropes, Soccer Balls, Big Feet, or Field Day Events.. They can switch activities at any time. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. DOK Levels: 1-5 continuous all year Exit Slip: Explains why they chose their activity.</p>	<p>Daily Assessment: X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual</p>
<p>K 11:35-12:25</p>	<p>KAS: 4.SW1 Share equipment and space with others in physical activity settings. Daily Activities: <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving</p>	<p>Learning Target: I can make choices that are healthy and fun. Vocabulary: nutrition, serving, vegetable, fruit, protein, hamstring, dodge, teamwork, and safety Activities/Strategies: Students will identify various muscles we are stretching then participate in Free Choice. Students have the opportunity to choose from Hop A Long Bouncers, Scooter Boards, Basketball, Hula Hoops, Jump Ropes, Soccer Balls, Big Feet, or Field Day Events.. They can switch activities at any time. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. DOK Levels: 1-5 continuous all year Exit Slip: Explains why they chose their activity.</p>	<p>Daily Assessment: X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual</p>
<p>5th 1:10-2:00</p>	<p>KAS: 4.SW1 Work cooperatively and communicate positively with others in physical education, regardless of skill level. Daily Activities: <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving</p>	<p>Learning Target: I can make choices that are healthy and fun. Vocabulary: nutrition, serving, vegetable, fruit, protein, hamstring, dodge, teamwork, and safety Activities/Strategies: Students will identify various muscles we are stretching then participate in Free Choice. Students have the opportunity to choose from Hop A Long Bouncers, Scooter Boards, Basketball, Hula Hoops, Jump Ropes, Soccer Balls, Big Feet, or Field Day Events.. They can switch activities at any time. Assessment: Oral and teacher observation of lesson being taught, hands-on participation. DOK Levels: 1-5 continuous all year Exit Slip: Explains why they chose their activity.</p>	<p>Daily Assessment: X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual</p>

		**** For individual modifications in each class, seek folder ****	
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4th 2:00- 2:50	<p>KAS: 4.SW1 Work cooperatively and communicate positively with others in physical education, regardless of skill level.</p> <p>Daily Activities:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving 	<p>Learning Target: I can make choices that are healthy and fun.</p> <p>Vocabulary: nutrition, serving, vegetable, fruit, protein, hamstring, dodge, teamwork, and safety</p> <p>Activities/Strategies: Students will identify various muscles we are stretching then participate in Free Choice. Students have the opportunity to choose from Hop A Long Bouncers, Scooter Boards, Basketball, Hula Hoops, Jump Ropes, Soccer Balls, Big Feet, or Field Day Events.. They can switch activities at any time.</p> <p>Assessment: Oral and teacher observation of lesson being taught, hands-on participation.</p> <p>DOK Levels: 1-5 continuous all year</p> <p>Exit Slip: Explains why they chose their activity.</p>	<p>Daily Assessment:</p> <ul style="list-style-type: none"> X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual
3rd 2:50- 3:40	<p>KAS: 4SW1 Accept, recognize and actively involve others, with both higher and lower skill abilities, into physical activities and group projects.</p> <p>Daily Activities:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cooperative group work <input type="checkbox"/> Individual Performance <input type="checkbox"/> Moving 	<p>Learning Target: I can make choices that are healthy and fun.</p> <p>Vocabulary: nutrition, serving, vegetable, fruit, protein, hamstring, dodge, teamwork, and safety</p> <p>Activities/Strategies: Students will identify various muscles we are stretching then participate in Free Choice. Students have the opportunity to choose from Hop A Long Bouncers, Scooter Boards, Basketball, Hula Hoops, Jump Ropes, Soccer Balls, Big Feet, or Field Day Events.. They can switch activities at any time.</p> <p>Assessment: Oral and teacher observation of lesson being taught, hands-on participation.</p> <p>DOK Levels: 1-5 continuous all year</p> <p>Exit Slip: Explains why they chose their activity.</p>	<p>Daily Assessment:</p> <ul style="list-style-type: none"> X Observation X Oral responses <input type="checkbox"/> Self-Evaluation <input type="checkbox"/> ORQ <input type="checkbox"/> Written Test X Whole Class X Small Group X Individual
<p>***** For individual student modifications in each class, see folder*****</p>			